

JĘZYK ANGIELSKI KL.6



TEMAT: Let's talk about how to be healthy.

Porozmawiajmy o tym jak zachować zdrowie.

Hello students! How are you today? I hope you are fine.

Dzisiaj o udzielaniu porad przy użyciu słówek :

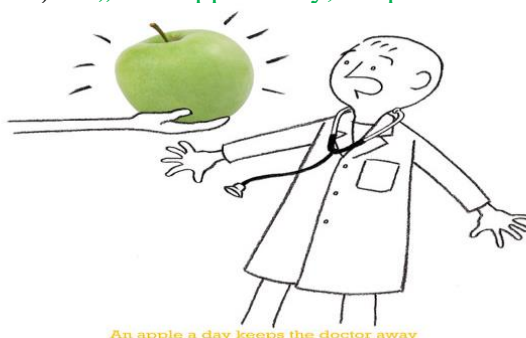
you must, you should, you shouldn't, why don't you

Od czasu kiedy, jesteś w szpitalu, na pewno wiesz jak bardzo ważne jest by być zdrowym.

Since you are in hospital I'm sure you know how important is to be healthy!

Znasz polskie przysłowia dotyczące bycia zdrowym ?

English proverb (przysłowie) is: „**One apple a day, keeps doctor away**” – zrozumiałeś sens?



Jedno jabłko dziennie utrzymuje z daleka od lekarza! – Tak, owoce i warzywa są ważne dla naszego dobrego samopoczucia.

Why should we take care of ourselves and keep germs away?

To protect ourselves, our friends, our family, others!

Germs are everywhere!

Germs are tiny living organism that can make you sick (zarazki powodujące chorobę)

Germs can spread (rozsiewać) in many different ways:

- sneezing (kichanie)
- coughing (kaślanie)
- breathing (oddychanie)

Contaminated (skażone) can be: air, food, liquids

Main question is: ***How to be safe and fit? What can we do to protect?***

Obejrzyj film:

<https://www.youtube.com/watch?v=5WigPzee1Zc>

Yes!!! The most important is to wash your hands!

- Before and after eating
- After touching animals
- After using bathroom
- After playing outside
- Only use your own clean towel

Remember!

- To cough or sneeze into your elbow
- Stay at home when you are sick



When someone is sad, you can ask: (Co się dzieje?)

What's up? What's wrong? What's the matter?

i udzielić rady:

Well, you should /shoudn't..... take a medicine

Well, you must ... see a doctor

Why don't you have a nap?

Zrób zadanie :

[https://www.liveworksheets.com/worksheets/en/English_as_a_Second_Language_\(ESL\)/Giving_advice/Should_or_Should_not_uu80388sr](https://www.liveworksheets.com/worksheets/en/English_as_a_Second_Language_(ESL)/Giving_advice/Should_or_Should_not_uu80388sr)

[https://www.liveworksheets.com/worksheets/en/English_as_a_Second_Language_\(ESL\)/Health/Giving_Advice_jb62003ic](https://www.liveworksheets.com/worksheets/en/English_as_a_Second_Language_(ESL)/Health/Giving_Advice_jb62003ic)

Good job! See you !

Take care!

Kontakt z nauczycielem : boltyusz88@edu.gdansk.pl

